Dates to Remember:
● 1/17/20 - Teacher Workday - NO SCHOOL
● 1/20/20 - Martin Luther King Jr. Birthday - NO SCHOOL
● 1/23/20 - PTO Meeting 6:00 p.m.
● 2/13/20 - Multicultural Feast - 6:00-8:00 p.m.

Dear Pelham families,

On Wednesday evening and Thursday morning of this week, students in band, orchestra, and chorus put on an excellent performance for the community. Families attending Wednesday’s evening contributed goods for the Amherst Survival Center as their “ticket” for the performance. Thanks to their generosity, over a hundred pounds of food and other necessities were collected. The music teachers would like to thank families for their contributions, and I’d like to recognize Heather O’Mara for organizing this worthwhile effort.

I am currently working with John Bechtold from the Drama Department at the Amherst Regional High School to launch a new after school drama club here at Pelham, one day per week after school. Initially, we will offer this program to grades 4-6 and gauge the level of interest. This initiative evolved in several ways. First of all, as part of the School Improvement Plan, and based on student requests, we are working on offering more after school “clubs” and programming for Pelham students. We are somewhat limited in terms of our resources and what we can actually put into place here in such a small school, so I’ve been exploring avenues that are not costly and build upon our community resources. I’ve also had students coming to me with organic and positive energy to create and perform in plays, and tapping into this interest and enthusiasm is a win-win! This partnership with the ARHS and the drama students promises to be a fun and interesting venture. I will be sending out forms to grades 4-6 in the coming week, and I will keep you updated as to how it goes. Currently we have the Pelham PAWS Prints newspaper club for older students and also the homework club in grades 5 & 6. If you have an interest in bringing a talent or suggestion for a lower elementary program, I’d love to hear about it! Fostering students’ interests and skills in non-academic areas speaks to developing the whole child and tapping into strengths in other areas.

Have a wonderful weekend!

Sincerely,
Lisa Desjarlais
Welcome to 2020 in 5th grade! We are beginning many new units as the new year begins. We are starting our American Revolution Unit. Students will learn the causes of the Revolution, the events leading up to the Revolution, and the actual major battles and events of the war.

We will be reading about women and African Americans during the war and writing summaries of their lives. Also, we will be reading books connected to the time period. The books that will be read are *Sophia’s War*, *Fighting Ground*, and *War Comes to Willy Freeman*. These are all historical fiction literature based on the Revolutionary War. Also, in writing we will be writing persuasive essays. This does connect to the Revolution as many needed to be persuaded to join the fight or remain a loyalist.

We are starting Unit 5 in math which is division with decimals. Yesterday, we used base-ten blocks to understand the division concept with decimals. By next week we will be dividing with the algorithm. This will be a good review of the division we learned at the beginning of the year.

As 2020 begins, the 5th grade class culture seems to be strong. Yesterday during circle, we talked about our goals for the rest of the year. We are going to work on raising our hands more, not talking to our neighbors, and being more tolerant of each other’s differences. These are good goals for the class.

The students are working hard and there has been a lot of growth both socially and academically. I look forward to continue to watch them grow.

Suzanne Quinlan
The Amherst, Pelham and Amherst-Pelham Regional Schools are always in need of outstanding substitute teachers and substitute paraeducators. Members of the Pelham School community are encouraged to apply for these essential positions. Substitute teachers are required to have a minimum of a Bachelor’s degree and substitute paraeducators must have a minimum of a high school diploma. Prior work experience with children in an educational setting is preferred.

If you are seeking a rewarding, part-time job with a flexible schedule, please consider joining the ARPS substitutes team. You can apply online for either the substitute teacher or substitute paraeducator position by visiting the Human Resources “Career Opportunities” link. More information about being a substitute in the ARPS schools is available here.
COME LEARN ABOUT VAPING AND YOUR CHILD: THE HAZARDS AND PREVENTION

Monday, February 3, 2020 from 6:00-7:30 p.m. For parents/guardians of students in grades K-8

Presented by:
Melinda Calianos, Program Coordinator, Hampshire Franklin Tobacco-Free Community Partnership
Jill Conselino, ARPS Nurse Manager

Location:
Amherst Regional Middle School Library
170 Chesinut Street

Questions?
Contact Debbie Westmoreland, Director of Communication and Operations
westmorelandd@arps.org or 413-362-1823
VEN A APRENDER SOBRE VAPING Y SU HIJO(A):
LOS PELIGROS Y LA PREVENCIÓN

Lunes, 3 de febrero de 2020 de 6:00 a 7:30 p.m.
Para padres / tutores de estudiantes en grados K-8

No Vaping

Presentado por:
Melinda Callanos, Coordinadora del programa, Asociación Comunitaria Libre de Tabaco Hampshire Franklin
Jill Conselino, Gerente de Enfermería de ARPS

Lugar:
Biblioteca de Escuela Intermedia Regional de Amherst
170 Chestnut Street

¿Preguntas?
Comuníquese con Debbie Westmoreland, Directora de Comunicación y Operaciones
westmorelandd@arps.org o 413-362-1823
2nd Annual
Multicultural Feast
A night to celebrate International and Family Culture!

FAMILY * FUN * POTLUCK * MUSIC * DANCE
FOOD

WHEN
Thursday, February 13th
6pm-8pm

WHERE
Pelham School Gym
Hosted by the PTO

Bring a dish to share that means something to your family! Food and table displays/activities will be from 6 pm-7 pm and performances will be from 7 pm-8 pm. Learn and participate!

Would you like to do a table display/activity? Perhaps your family could adopt a Country and report on it? Do you have a favorite activity to share with friends? Contact the PTO at Pelham.ma.pto@gmail.com to sign up!

If you are interested in performing at this event, please contact the PTO!
SWEEPSTAKES DETAILS

ENTER FOR A CHANCE TO WIN 5,000 BONUS BOX TOPS FOR YOUR SCHOOL AND A $50 GIFT CARD FOR YOU!

See official rules here.

Scan your receipt on the Box Tops app for a chance to win 5,000 Bonus Box Tops for your school and a $50 gift card for you!

Sweepstakes begins 1/1/20 and ends 2/28/20.
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tr>
<td>French Toast Sticks&lt;br&gt;Cheese Stick&lt;br&gt;Strawberry Cup&lt;br&gt;Diced Pears&lt;br&gt;1% Low Fat Milk</td>
<td>Blueberry Muffins&lt;br&gt;Assorted Fresh Fruit&lt;br&gt;Applesauce&lt;br&gt;1% Low Fat Milk</td>
<td>Oatmeal&lt;br&gt;Banana&lt;br&gt;Raisins&lt;br&gt;Cheese Stick&lt;br&gt;1% Low Fat Milk</td>
<td>Cereal Variety&lt;br&gt;Flavored Yogurt&lt;br&gt;Graham Crackers&lt;br&gt;Applesauce&lt;br&gt;Strawberry Cup&lt;br&gt;1% Low Fat Milk</td>
<td>Apple Cinnamon&lt;br&gt;Muffin&lt;br&gt;Apple Juice&lt;br&gt;Raisins&lt;br&gt;1% Low Fat Milk</td>
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<td>WG Pancakes&lt;br&gt;Sausage Patty&lt;br&gt;Orange Juice&lt;br&gt;1% Low Fat Milk</td>
<td>Choc Chip Banana&lt;br&gt;Muffin&lt;br&gt;Apple Slices&lt;br&gt;Mixed Berry Cup&lt;br&gt;1% Low Fat Milk</td>
<td>Egg and Cheese&lt;br&gt;Burrito&lt;br&gt;Pico De Gallo&lt;br&gt;Fresh Apple&lt;br&gt;Refrigeration&lt;br&gt;1% Low Fat Milk</td>
<td>Scrambled Eggs With&lt;br&gt;Toast&lt;br&gt;Kale Chips&lt;br&gt;Banana&lt;br&gt;Mixed Berry Cup&lt;br&gt;1% Low Fat Milk</td>
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<td>No School</td>
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<td>Blueberry Delight&lt;br&gt;Banana&lt;br&gt;Apple Slices&lt;br&gt;1% Low Fat Milk</td>
<td>Egg and Cheese&lt;br&gt;Sandwich&lt;br&gt;Apple Slices&lt;br&gt;Banana&lt;br&gt;1% Low Fat Milk</td>
<td>No School</td>
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<tr>
<td>Flavored Yogurt&lt;br&gt;Graham Crackers&lt;br&gt;Cereal Variety&lt;br&gt;Assorted Fresh Fruit&lt;br&gt;1% Low Fat Milk</td>
<td>Strawberry Muffin&lt;br&gt;Cheese Stick&lt;br&gt;Fruit Stick&lt;br&gt;Chilled Peaches&lt;br&gt;1% Low Fat Milk</td>
<td>Breakfast Pizza&lt;br&gt;100% Fruit Juice&lt;br&gt;1% Low Fat Milk</td>
<td>Southwest Veggie&lt;br&gt;Frittata&lt;br&gt;Toast&lt;br&gt;Fresh Apple&lt;br&gt;1% Low Fat Milk</td>
<td>Blueberry Scones&lt;br&gt;Sausage Patty&lt;br&gt;Banana&lt;br&gt;Apple Slices&lt;br&gt;1% Low Fat Milk</td>
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Food Prices
Free: No Charge
Reduced: $0.30
Paid: $0.75

This institution is an equal opportunity provider. Menus are subject to change.
<table>
<thead>
<tr>
<th>No School Today</th>
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<tbody>
<tr>
<td>6 Black Bean Taco Bowl Tortilla Chips Corn Applesauce</td>
<td>7 Cheese Nachos Pico De Gallo Seasoned Black Beans Banana</td>
<td>8 Vegetable Lasagna Bread Stick Chopchop Salad Roasted Chickpeas Fresh Apple</td>
<td>9 Hamburger Veggie Burger French Fries Lettuce &amp; Tomato Oranges Halves</td>
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<tr>
<td>13 Grilled Cheese Sandwich Tomato Soup Roasted Chickpeas Kale Chips Orange Juice</td>
<td>14 Mexi Beef Black Beans WW Tortilla Black Bean &amp; Corn Salsa Lettuce Baby Carrots Applesauce</td>
<td>15 Chicken &amp; Waffles Fresh Grapes Cucumber Coins Sauteed Kale</td>
<td>16 BBQ Chicken Bread Stick Meshed Potatoes Chopchop Salad Watermelon</td>
</tr>
<tr>
<td>27 French Toast Sticks Scrambled Eggs Seasoned Black Beans Cucumber Strawberry Cup</td>
<td>28 Pulled Pork Sandwich Chicken Patty Sandwich Lettuce &amp; Tomato Corn Apple Slices</td>
<td>20 Sweet And Sour Chicken Brown Rice Diced Pears Green Beans</td>
<td>30 Beef Ravioli Cheese Ravioli/ Marinara Sauce Spinach Salad Apple Slices</td>
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<tr>
<td>31 Pepperoni Pizza Cheese Pizza Applesauce Kale Chips</td>
<td>32 Cheese Pizza Spinach Salad Pineapple Tidbits</td>
<td>33 Cheese Pizza Romane Salad Green Peppers Fresh Apple</td>
<td>34 Lunch Price Student $3.00 Reduced $0.40 Adult $3.50 Milk $0.60</td>
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<td>January Vendor of the Month: Phoenix Farms 401 Milk Valley Rd Berkeley, WA 98203 425.213.1414</td>
<td>Available Daily Assorted Sandwiches Gluten Free (upon Request) Vegetarian Variety of Milk</td>
<td>This institution is an equal opportunity provider. Menus are subject to change.</td>
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